

	Club Handicap 1 (POSTPONED)	Newport Half	Lydney Parkrun	Caerphilly 10k	Rose Inn	Chepstow Racecourse 5k
Damian Waite		49	48			
Alex Lyne		50				
Owen Staddon				50		
Henry Williams				49		
Nick Ramsden				47		

Barry 10k						
Oldbury 10 mile						
Cardiff 10k						
Stroud Half						
Gwent XC						
Club Handicap 2						
TOTAL	97	50	50	49	47	

RANK

1

2

2

4

5