CALDICOT RUNNING CLUB CHAMPIONSHIPS
LADIES LEAGUE 2019/20

	Cwmbran parkrun March 23rd	Handicap ROGIET April 24th	Caerphilly 10K May19th	ROSE INN June 11th	Rogiet parkrun July 27th	Port Talbot Half August 11th	Oldbury Power Station 10 miler Sept 1st	Riverfront parkrun October 12th	Gwent League X/C tbc	Severn Bridge Handicap December 11th	TOTAL
GEMMA REEKS	48	47									95
KATY LUFF	50	43									93
EMMA TRACEY	49	44									93
JO RICE	47	45									92
PAIGE LUFF	46	42									88
GEORGIA McCARTHY		50									50
HILARY MATHESON		49									49
MICHELLE WILLIAMS		48									48
SARAH STEWART		46									46