CALDICOT RUNNING CLUB CHAMPIONSHIPS
MENS LEAGUE 2019/20

	CWMBRAN parkrun March 23rd	HANDICAP ROGIET APRIL 24th	CAERPHILLY 10k MAY 19th	ROSE INN JUNE 11th	ROGIET parkrun JULY 27th	PORT TALBOT HALF AUG 11th	OLDBURY POWER STATION 10 MILER SEPT 1ST	RIVERFRONT parkrun OCT 12th	GWENT LEAGUE X/C tbc	SEVERN BRIDGE HANDICAP DEC 11th	TOTAL
DENIS GEOGHEGAN	48	47									95
HENRY WILLIAMS	49	43									92
TOM BEALE	44	48									92
NATHAN REEKS	50										50
MATTHEW KEARNEY		50									50
HARRY WOODWARD		49									49
DAVE WHERRY	47										47
RICHARD BEACH	46										46
LEIF GEOGHEGAN		46									46
ANDREW HERBERT	45										45
CJ		45									45
OWEN STADDON		44									44
DAVE JONES		42									42