CALDICOT RUNNING CLUB CHAMPIONSHIPS
LADIES LEAGUE 2019/20

	Cwmbran parkrun March 23rd	Handicap ROGIET April 24th	Caerphilly 10K May19th	ROSE INN June 11th	Rogiet parkrun July 27th	Port Talbot Half August 11th	Oldbury Power Station 10 miler Sept 1st	Gwent League X/C Llandaff OCT 12th	Riverfront parkrun Nov tba	MOORS ROAD Handicap December 21st	TOTAL
GEMMA REEKS	48	47		48			49	48	48	49	337
CERI DENNING				49		50	50	49	49		247
KATY LUFF	50	43	50						50	48	241
HILARY MATHESON		49		44	50		48	47			238
EMMA SPUFFARD			48						46	50	144
EMMA TRACEY	49	44		50							143
SARAH STEWART		46						50		47	143
JO RICE	47	45	49								141
PAIGE LUFF	46	42		47							135
MICHELLE WILLIAMS		48		45							93
GEORGIA McCARTHY		50									50
SIAN ROCHE							47				47
CLAIRE SWANN									47		47
NIKKI JONES				46							46