CALDICOT RUNNING CLUB CHAMPIONSHIPS
LADIES LEAGUE 2019/20

	Cwmbran parkrun March 23rd	Handicap ROGIET April 24th	Caerphilly 10K May19th	ROSE INN June 11th	Rogiet parkrun July 27th	Port Talbot Half August 11th	Oldbury Power Station 10 miler Sept 1st	Riverfront parkrun October 12th	Gwent League X/C tbc	Severn Bridge Handicap December 11th	TOTAL
GEMMA REEKS	48	47		48			49				192
HILARY MATHESON		49		44	50		48				191
CERI DENNING				49		50	50				149
KATY LUFF	50	43	50								143
EMMA TRACEY	49	44		50							143
JO RICE	47	45	49								141
PAIGE LUFF	46	42		47							135
MICHELLE WILLIAMS		48		45							93
GEORGIA McCARTHY		50									50
EMMA SPUFFARD			48								48
SIAN ROCHE							47				47
SARAH STEWART		46									46
NIKKI JONES				46							46